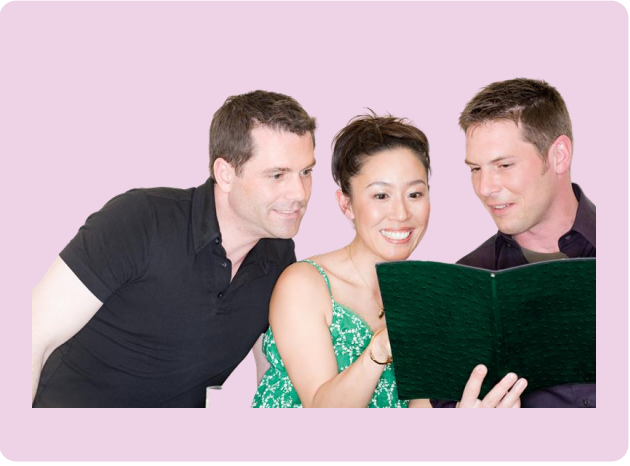
Reading Borough Council
Working better with you

Our plan for Adult Social Care in Reading
Easy Read Version

This guide is about our plan for Adult Social Care in Reading.

The plan says what we want to improve over the next 5 years.

You can tell us what you think about the plan.



You can ask someone you trust to help you read this guide.

What is Reading Adult Social Care?

Reading Adult Social Care helps adults who need support because of:

- Older age

- A disability

- Problems with their physical health, meaning how their body works

- Problems with their mental health, which means their mind and feelings.

We also support people who care for others and need help with that.

Our aim is to help people live the life that matters to them.

What do we want?

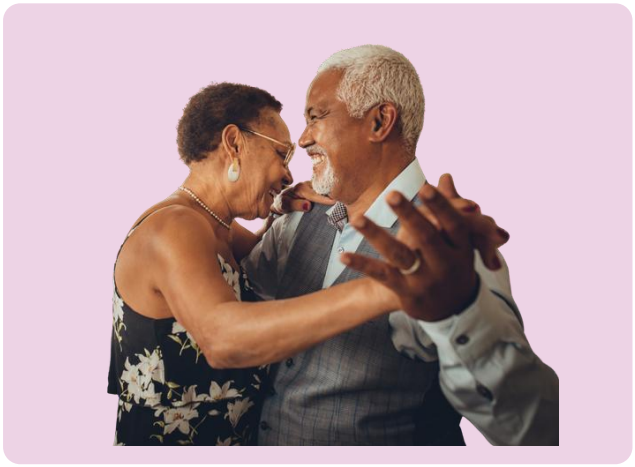
We want Reading to be a place where people:

- Can make decisions about your life and the support you receive

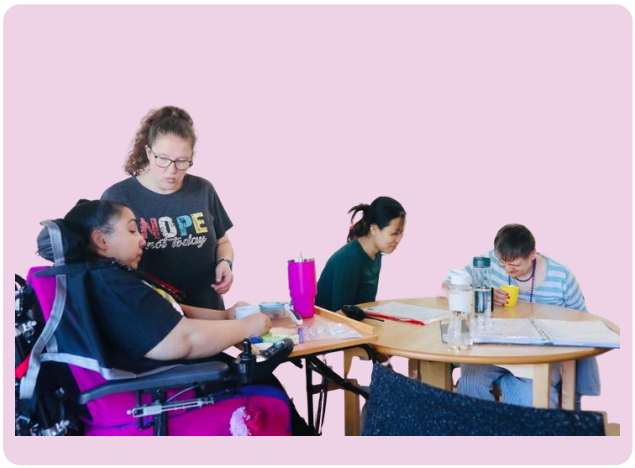
- Feel supported

- Stay connected to family and friends

- Can do as much as possible for yourself, with support when you need it.



- Do the things that make you happy



We want Adult Social Care to be:

- Easy to find and understand.

- Focused on what matters to you.

- Helpful through services working together to support you.

Why Do We Need a Plan?

Reading is growing and changing. More people are living longer and may need support in the future.

We asked people who use services, carers, staff and services what is important to them.

They told us:

- Information can be hard to understand

- Some people wait too long for support

- Carers need more help

- People need support while they wait for help

- Services do not always work well together

5 years

This plan explains what we will do to make Adult Social Care better for people in Reading over the next 5 years.

What we will do?

PRIORITY 1: Help unpaid carers

- We will make sure carers know they are important.

- We will give carers the help and support they need.

- We will help carers find support.

- We will support carers to stay healthy and well.

- We will listen to carers and make plans with them.

What we will do?

PRIORITY 2: Services helping people together

- We will listen to people who live in Reading and the groups that support them.

- We will help services work together.

- We will make sure you can get support where you live.

- We will work together to help you stay healthy and well.

What we will do?

PRIORITY 3: Support before problems get worse

- We will help you early, before problems get bigger.

- We will focus on what you can do, as well as where you need support.

- We will make it easy for you to get help and support.

- We will give help to people who need it most.

- We will make sure everyone can get the support they need.

What we will do?

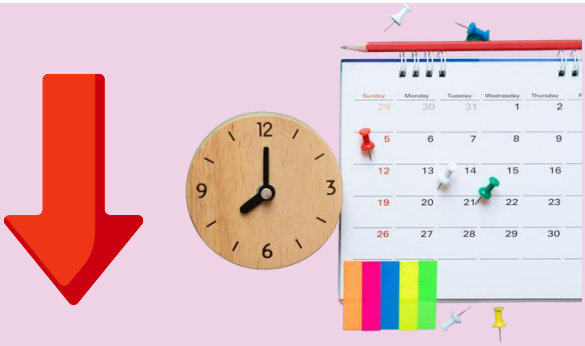
PRIORITY 4: Help while people wait

- We will keep you updated about what is happening.

- We will support you while you are waiting for help.

- We will help services work together to support you.

- We will check your support when your needs change.



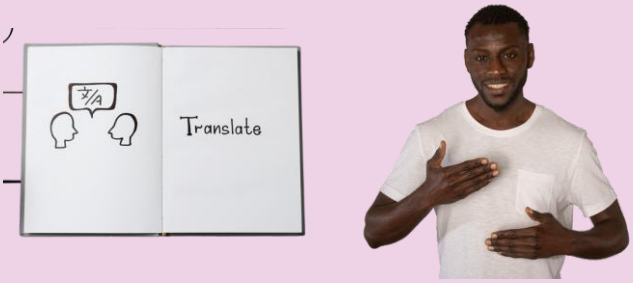
- We will reduce waiting times so you get help sooner.

What we will do?

PRIORITY 5: Information and services you can use

- We will make information easy to find and understand.

- We will give you different ways to get support.



- We will provide information in ways that you can use including different languages and on videos.

- We will help you understand how to get support.

- We will make our services easier for everyone to use.

What will be better by 2031?

By 2031, we want:

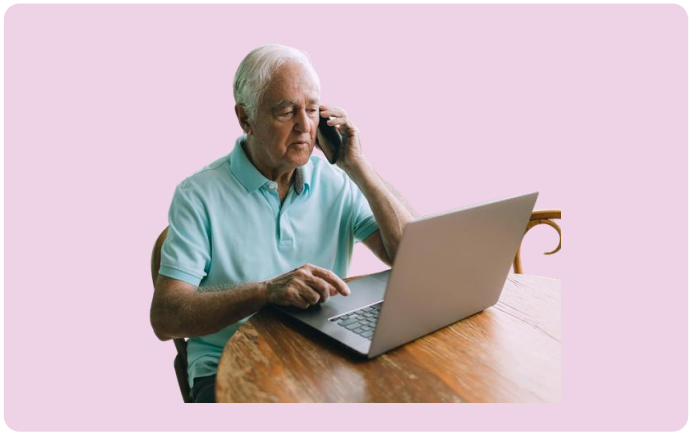
- Everyone to understand what support is available

- Carers to feel recognised and supported

- Services to talk to each other and help you together

- To get you help earlier

- For you to do as much as possible for yourself, with support when you need it.



- Information to be easier for you to find and understand.

- For you to feel supported to live the life that matters to you.

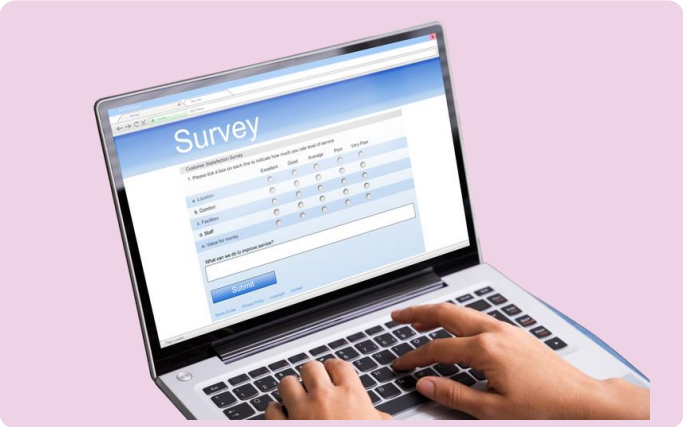
How to tell us what you think

You can tell us what you think in different ways. You do not have to use a computer if you do not want to. You can call us on 0118 937 3611 or come to a drop-in session.

Date	Time	Venue / Address
20 August	2:00 pm – 4:00 pm	**Whitley Community Development Association** **Address:** 252 Northumberland Ave, Whitley, Reading RG2 7QA
25 August	2:00 pm – 4:00 pm	**Southcote Reading Community Hub** **Address:** Coronation Square, Reading RG30 3QP
25 August	5:00 pm – 7:00 pm	**Battle Library** **Address:** Battle Library, 420 Oxford Road, Reading RG30 1EE
26 August	10:00 am – 12:00 pm	**Whitley Wood Community Centre** **Address:** 28-35 Lexington Grove, Reading RG2 8UG
26 August	2:00 pm – 4:00 pm	**Reading Borough Council Civic Offices, Committee Room 2** **Address:** Civic Centre, 19 Bridge Street, Reading, RG1 2LU
27 August	10:00 am – 12:00 pm	**Emmer Green Community Centre** **Address:** Grove Road, Reading RG4 8LN
27 August	2:00 pm – 4:00 pm	**Lyndhurst Road Community Centre** **Address:** Lyndhurst Road Community Centre, Lyndhurst Road, Tilehurst, Reading RG30 6UB

How to tell us what you think

If you prefer you can:



• ask someone to help you complete the online form -

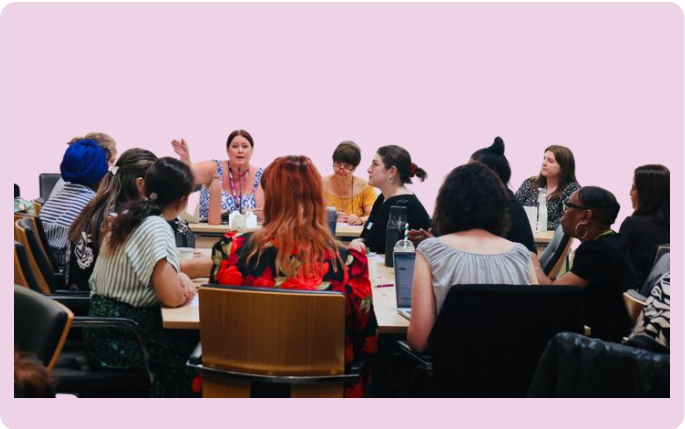
https://reading.govocal.com/en-GB/projects/adult-social-care-strategy-2026-2031

- email us on strivingforexcellence@reading.gov.uk

Thank you

Thank you for reading our plan.

We want everyone in Reading to be able to live the life that matters to them.



We will work with residents, carers and partners to make this happen.